

Queensland **Mental Health Commission** 

# **Operational Plan** 2020–2021

## Budget: \$9.033 million | Staffing: 23 FTE

## **Our vision** Queenslanders working together to improve mental health and wellbeing.

## Our purpose

Drive ongoing reform towards a more integrated, evidence-based, recoveryoriented mental health, drug and alcohol system in Queensland.

# **Our principles**

- People with a mental illness or those affected by problematic alcohol and other drugs use should have access to quality services that uphold their rights to respect, dignity and privacy.
- Aboriginal and Torres Strait Islander people should receive treatment, care and support in a way that recognises and is consistent with tradition, custom and culture.
- Carers, family members and support people for people with a mental illness or those affected by problematic alcohol and other drugs use are integral to wellbeing, treatment and recovery, and should be respected, valued engaged and supported.
- An effective mental health and alcohol and other drugs system is the shared responsibility of the government and non-government sectors and requires a coordinated and integrated approach.

# **Our** values

The public service values

## Service delivery performance

The Commission contributes to the implementation of Queensland's Economic Recovery Plan and is working to protect Queenslanders and save lives, to Unite & Recover for Queensland jobs.

Its work is driven by the implementation and oversight of the Shifting minds: Queensland Mental Health, Alcohol and Other Drugs Strategic Plan 2018–2023 (Shifting minds).

Key deliverables include:

- Whole-of-government plan to address systemic problematic alcohol and other drugs use
- Suicide prevention initiatives that support the implementation of Every Life
- An integrated cross-sectoral approach for the best start and early intervention
- Improve lived experience, family and carer opportunities in influencing reform
- A collaborative sectoral approach for improving mental health, alcohol and other drugs use, and suicide prevention

- A systematic approach to Mental Health Wellbeing Impact Assessment
- Contributing to reducing stigma and improving social inclusion and advocacy for human rights protection
- A sector-wide needs analysis to support the growth, development, and sustainability of the mental health non-government community services sector.

## **Corporate governance** (key focus)

- Corporate governance compliance as a statutory body.
- Communications and engagement planning and implementation.
- Organisational performance monitoring and reporting.

### **Key risks**

#### **Expectations**

Stakeholders, including people with lived experience, families, carers and support people, non-government agencies, the public and private sectors, researchers and professional bodies, hold high and varied expectations of the Commission. This will be managed through promoting the

#### Reputational

Perceptions of the Commission's independence are essential to its credibility, reputation, and capacity to effect change. This will be influenced by consistent use of objective and informed evidence, complemented by timely and transparent reporting of progress across all sectors.

- Customers first
- Ideas for action
- Unleash potential
- Be courageous

#### • Empower people are fundamental to all that we do.

Promoting wellness underpins all of these values.

Commission's role, working collaboratively and communicating effectively.

#### Governance

The capacity of the Commission to perform effectively and efficiently in a complex environment with finite resources requires robust governance and management systems. Advice is sought from relevant agencies on best-practice governance for statutory bodies in the Queensland Government environment.

Independence is reinforced through consultation and decision-making processes.

#### *Reform influence*

The Commission's ability to drive reform across government links closely with the expectation and reputational risks, and requires it to effectively monitor changing government priorities and maintain sound relationships with all relevant State Government agencies. Performance surveys monitor perceptions of the agency's credibility.

While this overview reflects a 12-month period, it is based on a four-year outlook aligned with the Commission's Strategic Framework, with some work being undertaken over multiple years. www.qmhc.qld.gov.au





Queensland **Mental Health Commission** 

# **Operational Plan** 2020–2021

## Key focus areas

## The Commission's work aligns with key priorities in the Shifting minds three areas of focus

Better lives	Through person-centred and integrated services		Whole-of-system improvement	Through a balanced approach and collective action
<ul> <li>Administer and evaluate the Better Futures Grants and associated evaluation</li> <li>Facilitate and support actions to improve the mental health and wellbeing of people in the criminal justice system</li> <li>Identify and drive reform opportunities to support the sustained and meaningful employment of people with lived experience of mental illness and alcohol and other drug use</li> <li>Support capacity building for Aboriginal and Torres Strait Islander alcohol and other drugs residential rehabilitation service outcomes</li> </ul>			<ul> <li>Develop and monitor a roadmap for <i>Shifting minds</i> implementation and supporting agency initiatives that address roadmap priorities</li> <li>Implement a <i>Shifting minds</i> evaluation framework</li> <li>Develop and release alcohol and other drugs strategy</li> <li>Conduct a sector-wide needs analysis to support growth, development, and sustainability of the mental health non-government community services sector</li> <li>Implement the Commission's research approach to influence, develop and share the evidence base</li> <li>Monitor and support improvements in individual advocacy and human rights protection</li> </ul>	
alcohol and other drugs, and suicid and good practice is shared				
Invest to save mental health and early intervention			<ul> <li>Reduce suicide impact through:         <ul> <li>supporting a place-based suicide prevention project</li> <li>continuing co-design work around culturally and linguistically diverse and bereavement services</li> </ul> </li> </ul>	
framework for integrated cross-sect <ul> <li>Develop a cross-agency framework</li> </ul>	nderstand and enhance responses to suicide crisis in the onstruction industry through a data linkage study evelop a strategy for enhancing the mental health, alcohol and her drugs, and suicide prevention core competencies of human nd social services frontline workers outside the health system ontinue research around stigma and discrimination related to poriginal and Torres Strait Islander alcohol and other drugs issues upport capacity building for outcome evaluations within poriginal and Torres Strait Islander alcohol and other drugs		<ul> <li>maintaining the Queensland Suicide Register</li> <li>conducting a systemic review in relation to suicide in men</li> <li>supporting proactive surveillance of suicide, suicide attempts and suicide crisis</li> <li>Support a collaborative approach to Aboriginal and</li> </ul>	
			Torres Strait Islander social a aligned to the National Strat	and emotional wellbeing,
<ul> <li>other drugs, and suicide prevention and social services frontline worker</li> <li>Continue research around stigma an Aboriginal and Torres Strait Islander</li> <li>Support capacity building for outco</li> </ul>			<ul> <li>Conduct a mental health, alcohol and other drugs, and suicide prevention sector summit</li> <li>Support the Queensland Mental Health and Drug Advisory Council</li> <li>Improve sector engagement through: <ul> <li>investment in Queensland representation on the National Mental Health Consumer and Carer Forum</li> <li>awareness and uptake of the Stretch2Engage (S2E)</li> </ul> </li> </ul>	
<ul> <li>Continue investment in social and economic skilling, employment and career pathway opportunities</li> </ul>			<ul> <li>awareness and uptake of t</li> <li>Framework and resources</li> <li>formalised partnerships w</li> </ul>	

- Improve mental health awareness, prevention, and early intervention by supporting:
  - Beyond Blue and other awareness and stigma reduction initiatives
- sustainable cross-sectoral and community capacity building initiatives
- sector-driven mental health, suicide prevention, and alcohol and other drugs events
- a whole-of-sector Mental Wellbeing Impact Assessment
- whole-of-government COVID-19 pandemic mental health messaging
- Establish a Queensland Suicide Prevention Network

- organisations
- support for significant conferences and events that share information and good practice
- establish a consumer peak (on behalf of Queensland Health) that focuses on mental health system advocacy

#### Key:

Whole-of-government strategic planning Awareness and promotion

Review, research and report

Engage and enable

While this overview reflects a 12-month period, it is based on a four-year outlook aligned with the Commission's Strategic Framework, with some work being undertaken over multiple years. www.qmhc.qld.gov.au

