# **QUEENSLAND MENTAL HEALTH COMMISSION OPERATIONAL PLAN 2017–2018**

#### **OUR PURPOSE**

Drive ongoing reform towards a more integrated, evidence-based, recovery oriented mental health, drug and alcohol system within Queensland.

#### **OUR VISION**

Queenslanders working together to improve mental health and wellbeing

# RESOURCES Budget of \$9.05 million STAFFING 18 FTE

# SERVICE DELIVERY PERFORMANCE: In 2017–2018 the Commission will undertake activities in its Service Delivery Statement

Publish a renewed Queensland Mental Health, Alcohol and Other Drug Strategic Plan and updated action plans focused on improving mental health and wellbeing, and reducing the impact of mental illness, problematic alcohol and other drug use and suicide.

Initiate research protection frame a mental illness.

Initiate research to review the rights protection framework for Queenslanders with a mental illness

Support mental health and wellbeing hubs based in the Central Highlands, Logan and North Queensland.

Design and commence implementation of an initiative to better coordinate quality mental health literacy training across Queensland. Support a third year of the Stronger Community Mental Health and Wellbeing grants program. Strengthen engagement with people with lived experience and partnerships with non-government peaks and local governments.

#### **OUR PRINCIPLES**

People with a mental illness or who misuse substances should have access to quality mental health and substance misuse services which espouse their rights to respect, dignity and privacy.

Aboriginal and Torres Strait Islander people should be provided with treatment, care and support in a way that recognises and is consistent with Aboriginal tradition or Island custom and culture.

Carers, family members and support persons for people with a mental illness or who misuse substances are integral to wellbeing, treatment and recovery; and should be respected, valued engaged and supported.

An effective mental health and substance misuse system is the shared responsibility of the government and non-government sectors and requires a coordinated and integrated approach.

#### **VALUES**

The public service values 'Customers First, Ideas for Action, Unleash Potential, Be Courageous, Empower People and Promote Wellness' are fundamental to all that we undertake.

# **KEY RESULT AREAS (KRA)**

# WHOLE OF GOVERNMENT STRATEGIC PLANNING

Review whole-of-government strategic plan for improving mental health and limiting the harm associated with the misuse of alcohol and other drugs. Facilitate, support and report on the implementation of the strategic plan.

Key deliverables for 2017-18 include:

- Monitor, review and report on the Strategic Plan including: publishing the Annual Implementation Report for 2016-17 and a renewed Strategic Plan.
- Monitor and support implementation of the Suicide Prevention and Aboriginal and Torres Strait Islander Social and Emotional Wellbeing Action Plans.
- Support and facilitate the implementation of the Shared Commitment to improve and increase lived experience engagement.
- Support local actions to improve mental health and wellbeing through the delivery of 2017-18 Stronger Community Mental Health and Wellbeing Grants Program.

#### **REVIEW, RESEARCH AND REPORT**

Undertake reviews and research to inform decision making, build the evidence base, support innovation and identify good practice.

Key deliverables for 2017-18 include:

- Monitor and support improvements in individual advocacy and rights protection.
- Monitor and support the implementation of the Ordinary Report in Social Housing recommendations.
- Research and support better mental health service integration.
- Research stigma and discrimination related to AOD impact on Aboriginal and Torres Strait Islanders.
- Support reform for people living with disability.
- Research and map initiatives to improve mental and physical health of those living with mental health issues.

# **AWARENESS AND PROMOTION**

Facilitate and promote mental health awareness, prevention and early intervention.

Key deliverables for 2017-18 include, facilitating and promoting wholeof-government actions to:

- Improve mental health awareness, prevention and early intervention, through support to:
- The beyondblue awareness and stigma reduction initiative.
- Community capacity building, including support to and a review of existing regional mental health and wellbeing hubs.
- Community connections development.
- Continued Ed-LinQ cross-sectoral workforce development project and investigating renewed model options.
- Mental Health Week events coordination and promotion.
- Reduce suicide and its impact through support to :
- A place based suicide prevention project.
- Maintenance and reporting on the Queensland Suicide Register.
- The design and implementation of a Suicide Data and Information Sharing Network.
- Support the enhanced coordination and promotion of community events for World Suicide Prevention Day.
- Improved Aboriginal and Torres Strait Islander Social and Emotional Wellbeing through support to the cultural program in Kuranda and Cherbourg.
- Improved support to families impacted by problematic alcohol and drug use.

#### **ENGAGE AND ENABLE**

Establish and support statewide mechanisms that are collaborative, representative, transparent and accountable.

- Key deliverables for 2017-18 include:Providing support to the Queensland Mental Health and
- Drug Advisory Council.
   Supporting and facilitating lived experience, families and carers to have a role in driving reform through
- representation at the national level via the National Mental Health Consumer and Carer Forum

   Driving reform to increase and improve engagement of lived
- Driving reform to increase and improve engagement of lived experience, families and carers in the health system including:
- Piloting and evaluating the Stretch2Engage Framework
- Supporting the pilot of a peer network in rural and remote Queensland.
- Engaging lived experience, families, carers and support people in Commission work though a lived experience strategy and paid participation policy.
- Supporting the National Mental Health Aboriginal and Torres Strait Islanders in Mental Health program.
- Improving sector engagement through formalised partnerships with key NGOs and a peer workforce development program.

	CORPORATE GOVERNANCE (key focus)	
Corporate governance compliance as a Statutory Body	Communications planning and implementation	Organisational effectiveness monitoring and reporting model
KEY RISKS		

## **EXPECTATIONS**

High and varied expectations of the Commission are held by stakeholders, including people with lived experience, families, carers and supporters, non-government agencies, the public and private sectors, academia and professional bodies. This will be managed through promoting the Commission's role, working collaboratively and regular communication.

# REPUTATIONAL

Perceptions of the Commission as an independent body are essential to its credibility, reputation and capacity to effect change. This will be influenced by consistent use of objective and informed evidence complemented by timely and transparent reporting of progress across all sectors. Independence is reinforced through consultation and decision making processes.

## GOVERNANCE

The capacity of the Commission to perform effectively and efficiently in a complex environment with finite resources requires robust governance and management systems. Advice is sought proactively from relevant agencies on best practice governance for statutory bodies in the Queensland Government environment.

## REFORM INFLUENCE

Commission's ability to facilitate reform across government links closely with the first two risks and requires it to effectively monitor changing government priorities and maintain sound relationships with all relevant State Government agencies. Annual performance surveys monitor perceptions of the agency's credibility.