# **QUEENSLAND MENTAL HEALTH COMMISSION OPERATIONAL PLAN 2018–2019**

### **OUR PURPOSE**

Drive ongoing reform towards a more integrated, evidence-based, recovery oriented mental health, drug and alcohol system within Queensland.

### **OUR VISION**

Queenslanders working together to improve mental health and wellbeing

RESOURCES: Budget of \$9.026 million

**STAFFING: 23 FTE** 

### SERVICE DELIVERY PERFORMANCE: In 2018–2019 the Commission will undertake activities designed to achieve the deliverables outlined in its Service Delivery Statement

A renewed QLD Mental Health, Alcohol and Other Drug Strategic Plan. A renewed QLD Suicide Prevention Strategy

A QLD Alcohol and Other Drug Strategy

Continued advocacy for human rights protection of people being treated involuntarily for a mental illness

Continued support for the regional mental health and wellbeing hubs initiative. A Wheel of Wellbeing program to support and sustain increased cross-sectoral mental health and wellbeing capacity Strategies for reducing stigma and discrimination for people experiencing problematic alcohol and other drug use.

A collaborative approach to support Aboriginal and Torres Strait Islander People's social and emotional wellbeing An integrated crosssectoral approach for the best start for infants and families in QLD

### **OUR PRINCIPLES**

People with a mental illness or who have problematic alcohol and drug use issues should have access to quality mental health and substance misuse services which uphold their rights to respect, dignity and privacy.

Aboriginal and Torres Strait Islander people should receive treatment, care and support in a way that recognises and is consistent with Aboriginal tradition or Island custom and culture.

Carers, family members and support persons for people with a mental illness or those who have problematic alcohol and drug use issues are integral to wellbeing, treatment and recovery; and should be respected, valued engaged and supported.

An effective mental health and alcohol and drug system is the shared responsibility of the government and non-government sectors and requires a coordinated and integrated approach.

### **VALUES**

The public service values 'Customers First, Ideas for Action, Unleash Potential, Be Courageous, Empower People and Promote Wellness' are fundamental to all that we undertake.

### **KEY RESULT AREAS (KRA)**

### WHOLE-OF-GOVERNMENT STRATEGIC PLANNING

Whole-of-government strategic plan for improving mental health and limiting the harm associated with problematic alcohol and other drug use. Facilitate, support and report on the implementation.

Key deliverables for 2018–19 include:

- releasing a renewed Strategic Plan and develop an implementation strategy
- developing a Queensland Suicide Prevention Strategy and Queensland Alcohol and Other Drug Strategy
- supporting agency initiatives that address key Strategic Plan priorities
- supporting sector actions to improve mental health and wellbeing
- supporting the improvement of lived experience engagement

### **REVIEW, RESEARCH AND REPORT**

Undertake reviews and research to inform decision making, build the evidence base, support innovation and identify good practice.

Key deliverables for 2018–19 include:

- monitoring and supporting improvements in individual advocacy and human rights protection
- researching and supporting better mental health service integration
- supporting better health system performance and ensuring a robust complaints management system
- researching stigma and discrimination related to AOD impact on Aboriginal and Torres Strait Islanders
- supporting reform for people living with disability

### **AWARENESS AND PROMOTION**

Facilitate and promote mental health awareness, prevention and early intervention.

Key deliverables for 2018–19 include a focus on:

- improving mental health awareness, prevention and early intervention, through support to:
- the beyondblue awareness and stigma reduction initiative
- cross-sectoral and community capacity building, including regional mental health and wellbeing hubs
- an integrated cross-sectoral approach for the best start for infants and families
- Mental Health Week events coordination and promotion.
- · reducing suicide impact through:
- supporting a place-based suicide prevention project
- continuing co-design work around CALD and bereavement
- continuing to maintain the Queensland Suicide Register
- supporting World Suicide Prevention Day
- supporting a collaborative approach to Aboriginal and Torres Strait Islander social and emotional wellbeing aligned to the National Strategic Framework
- improving support to families impacted by problematic alcohol and drug use

### **ENGAGE AND ENABLE**

Establish and support statewide mechanisms that are collaborative, representative, transparent and accountable.

Key deliverables for 2018–19 include:

- supporting the Queensland Mental Health and Drug Advisory Council
- supporting and facilitating lived experience, families and carers to have a role in driving reform through support to:
- Representation at the national level via the National Mental Health Consumer and Carer Forum
- Piloting and evaluating the Stretch2Engage FrameworkTrialling and evaluation of E-Grow in rural setting
- engaging lived experience, families, carers and support people in Commission work though a lived experience strategy and paid participation policy
- supporting the National Mental Health Aboriginal and Torres Strait Islanders Leadership in Mental Health
- improving sector engagement through formalised partnerships with key NGOs and a peer workforce development program

CORPORATE GOVERNANCE (key focus)		
Corporate governance compliance as a Statutory Body	Communications planning and implementation	Organisational effectiveness monitoring and reporting model

## KEY RISKS

# Stakeholders, including people with lived experience, families, carers and supporters, non-government agencies, the public and private sectors, academia and professional bodies, hold high and varied expectations of the Commission. This will be managed through promoting the Commission's role, working collaboratively and regular communication.

**EXPECTATIONS** 

Perceptions of the Commission as an independent body are essential to its credibility, reputation and capacity to effect change. This will be influenced by consistent use of objective and informed evidence complemented by timely and transparent reporting of progress across all sectors. Independence is reinforced through consultation and decision making processes.

REPUTATIONAL

### GOVERNANCE

The capacity of the Commission to perform effectively and efficiently in a complex environment with finite resources requires robust governance and management systems. Advice is sought proactively from relevant agencies on best practice governance for statutory bodies in the Queensland Government environment.

### REFORM INFLUENCE

The Commission's ability to facilitate reform across government links closely with the first two risks and requires it to effectively monitor changing government priorities and maintain sound relationships with all relevant state government agencies. Annual performance surveys monitor perceptions of the agency's credibility.