



Our vision

Queenslanders working together to improve mental health and wellbeing.

Our purpose

Drive ongoing reform towards a more integrated, evidence-based, recovery-oriented mental health, drug and alcohol system in Queensland.

Our focus

The Commission contributes to the implementation of Queensland’s Economic Recovery Plan and is working to protect Queenslanders and save lives, and to Unite & Recover for Queensland jobs.

Our work focuses on the key priorities outlined in the whole-of-government *Shifting minds: Queensland Mental Health, Alcohol and Other Drugs Strategic Plan 2018–23 (Shifting minds)*.

Our values

The public service values

- *Customers first*
- *Ideas for action*
- *Unleash potential*
- *Be courageous*
- *Empower people*

are fundamental to all that we do.

Promoting wellness underpins all of these values.

Objectives

To achieve better outcomes for people living with mental health issues, problematic alcohol and other drugs use, or those affected by suicide through:

- integrated and coordinated support and encouragement for system-wide reforms
- bringing together the wisdom of lived experience and professional expertise.

Outcomes

Improving mental health and wellbeing, and preventing and reducing the impact of mental illness, problematic alcohol and other drugs use, and suicide are shared responsibilities across all sectors of government and community.

Queenslanders living with mental health challenges, mental illness or problematic alcohol and other drugs use, and those affected by suicide, are better supported to live well and with purpose.

The work of the Commission is guided by the protection of human rights under the *Queensland Human Rights Act 2019*. Respect for human rights and dignity is a guiding principle of *Shifting minds* and the *Queensland Mental Health Act 2013*.

Performance indicators

The extent to which the Commission undertakes its stewardship role and direct responsibilities in the development and implementation of *Shifting minds*.

Stakeholder satisfaction with the support and achievements of the Commission, particularly in relation to:

- its credibility as an independent body

- opportunities to provide lived experience and provider perspectives on mental health, suicide prevention, and problematic alcohol and other drugs use issues
- appropriateness of reform focus and progress.

Key strategic risk management

Expectations

Stakeholders, including people with lived experience, families, carers and support people, non-government agencies, the public and private sectors, researchers and professional bodies, hold high and varied expectations of the Commission. This will be managed through promoting the Commission’s role, working collaboratively and communicating effectively.

Reputational

Perceptions of the Commission’s independence are essential to its credibility, reputation, and capacity to effect change. This will be influenced by consistent use of objective and informed evidence, complemented by timely and transparent reporting of progress across all sectors. Independence is reinforced through consultation and decision-making processes.

Governance

The capacity of the Commission to perform effectively and efficiently in a complex environment with finite resources requires robust governance and management systems. Advice is sought from relevant agencies on best-practice governance for statutory bodies in the Queensland Government environment.

Reform influence

The Commission’s ability to drive reform across government links closely with the expectation and reputational risks, and requires it to effectively monitor changing government priorities and maintain sound relationships with all relevant State Government agencies. Performance surveys monitor perceptions of the agency’s credibility.



Strategies

Whole-of-government strategic planning

The Commission develops and updates a whole-of-government plan *Shifting minds* in consultation with the broader sector.

Shifting minds aims to drive ongoing reform to improve the mental health and wellbeing of all Queenslanders, with a focus on preventing and reducing the effects of mental illness, problematic alcohol and other drugs use, and suicide.

The Commission undertakes its strategic planning role in consultation with people with lived experience, government and non-government stakeholders and the broader community.

The Commission works with relevant agencies and sectors to implement *Shifting minds* overseen by a cross-agency strategic leadership group. It monitors and reports on implementation progress.

Shifting minds has three focus areas:

- **Better lives** through person-centred and integrated services
- **Invest to save** through improved population mental health and early intervention
- **Whole-of-system improvement** through a balanced approach and collective action.

Review, research and report

The Commission will undertake reviews and research, and prepare reports to support the reform agenda through:

- informed decision-making
- building, translating and sharing the evidence base
- supporting innovation and identifying good practice.

Awareness and promotion

The Commission will facilitate and promote mental health awareness, prevention and early intervention.

The Commission supports and promotes whole-of-government and broader sector strategies that:

- prevent mental illness and the harm associated with problematic alcohol and other drugs use, reduce the impact of suicide, and promote early intervention
- support social inclusion and recovery of those living with mental illness or problematic alcohol and other drugs use
- enhance community awareness, including for minimising stigma or discrimination
- contribute to community capacity building.

Engage and enable

The Commission's stakeholder engagement strategy aims to establish and support statewide mechanisms that are collaborative, representative, transparent and accountable.

This includes:

- providing opportunities for those affected by mental ill-health, alcohol and other drugs, or suicide to contribute to reform
- considering the views, needs and experiences of groups at risk of marginalisation and discrimination, including Aboriginal and Torres Strait Islander people, culturally and linguistically diverse communities and people with complex needs
- building collaborative partnerships as agents for change
- supporting the Queensland Mental Health and Drug Advisory Council
- promoting opportunities to share knowledge and translate research to practice.