

Our vision

Working together to improve mental health and wellbeing so Queenslanders can thrive.

Our purpose

Drive ongoing reform to create a system in which mental health, alcohol and other drugs, and suicide prevention is integrated and based in evidence and recovery.

Who we are

The Commission is an independent statutory body established under the *Queensland Mental Health Commission Act 2013*.

We develop, support implementation of, and monitor whole-of-government plans on behalf of the Queensland Government to identify and make the shifts needed to improve mental health and wellbeing, reduce alcohol and other drug harm, and suicide. We do this through partnerships with government agencies the non-government sector, and community.

Our work is driven by evidence and informed by people with a lived-living experience and their families, loved ones and kin. True system reform is only possible when grounded in the insights, contributions and solutions of people who have had, or are having direct experiences with services and systems.

Our commitment to Aboriginal and Torres Strait Islander peoples

The Commission respectfully acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of Queensland's land and seas. We are committed to ensuring their voices shape and inform our work to improve mental health, social and emotional wellbeing and suicide prevention systems and outcomes. Our work is aligned with the Gayaa Dhuwi (Proud Spirit) Declaration and Implementation Plan to drive change and improve outcomes for Aboriginal and Torres Strait Islander people and communities.

Human Rights statement

We respect, protect and promote human rights in everything we do, recognising the importance of dignity, equity and access in mental health and wellbeing.

Through its strategic leadership in system reform, the Commission contributes to the Queensland Government's objectives:



SAFETY WHERE YOU LIVE

Making Queenslanders safer by promoting early intervention initiatives that contribute to system change within the child safety, youth justice, community, domestic and family violence, victim support, policing and corrections systems, with a focus on mental wellbeing.



HEALTH SERVICES WHEN YOU NEED THEM

Restoring health services when Queenslanders need them most by driving mental health, alcohol and other drug, suicide prevention and related human services system reform to reduce service demand and promote service improvements.



A BETTER LIFESTYLE THROUGH A STRONGER ECONOMY

Growing our economy to drive down the cost of living and give Queenslanders a better lifestyle and a place to call home by supporting and promoting regional initiatives and investments that address the social and economic determinants of health.



A PLAN FOR QUEENSLAND'S FUTURE

Planning for Queensland's future by identifying and implementing reforms to strengthen the mental health, alcohol and other drugs, suicide prevention and related human services system; and promote prevention and early intervention, including a focus on the needs of children and young people.



Key strategic risks:

- Increasing demand and complexity in mental health, alcohol and other drugs, and suicide prevention systems.
- Workforce capacity and capability constraints across the system.
- Fragmentation across systems limits the effectiveness of reform.
- Limitations in system-wide data, evidence and information sharing.
- Ability to influence outcomes across a distributed, multi-agency system.

Key opportunities:

- Strengthening prevention and early intervention approaches.
- Elevating lived-living experience leadership in system reform.
- Improving data sharing and integration to inform reform and decision-making.
- Expanding cross-sector partnerships and collaboration.
- Leveraging innovation and place-based responses to improve outcomes.

Commission objective	Government's objectives	Strategies	Indicators
<p>Mental wellbeing</p> <p>Collective leadership and accountability to promote and support the wellbeing of Queenslanders.</p>	<ul style="list-style-type: none"> • Safety where you live. • A better lifestyle through a stronger economy. • A plan for Queensland's future. 	<ul style="list-style-type: none"> • Promote prevention and early intervention with purpose. • Reduce stigma related to mental health, alcohol and other drugs, and suicide. • Strengthen safe and inclusive environments where we learn, work and play. 	<ul style="list-style-type: none"> • Commission initiatives support prevention, early intervention and stigma reduction across the system.
<p>System reform</p> <p>System reform across mental health, alcohol and other drugs, suicide prevention is supported and advanced.</p>	<ul style="list-style-type: none"> • Health services when you need them. • A plan for Queensland's future. 	<ul style="list-style-type: none"> • Identify and influence priority system reforms, including responding to the social determinants of health. • Facilitate partnerships across government, the sector and communities. • Strengthen governance, implementation, and accountability for reform. 	<ul style="list-style-type: none"> • Stakeholders satisfied that reforms respond to current and emerging issues and trends. • Priority reforms are implemented and monitored.
<p>Evidence and knowledge</p> <p>System reform is informed by evidence, research and data.</p>	<ul style="list-style-type: none"> • Health services when you need them. • A plan for Queensland's future. 	<ul style="list-style-type: none"> • Translate research and evidence into policy, planning, and reform. • Improve system data and insights. • Support innovation and continuous learning. 	<ul style="list-style-type: none"> • Data, evidence and research inform policy and reform priorities. • System monitoring and reporting supports accountability and improvement.
<p>Lived-living experience</p> <p>Lived-living experience informs, shapes and strengthens system reform.</p>	<ul style="list-style-type: none"> • A better lifestyle through a stronger economy. • A plan for Queensland's future. 	<ul style="list-style-type: none"> • Embed lived-living experience leadership in reform design and delivery. • Partner with people with lived-living experience in policy and system improvement. • Strengthen capability across the system to work effectively with lived-living experience. 	<ul style="list-style-type: none"> • 75% of stakeholders report that lived-living experience meaningfully shapes system reform. • Commission initiatives demonstrate effective inclusion of lived-living experience in design and delivery.

Enabling objective: Organisational capability

A capable, inclusive and sustainable workforce enables the Commission to influence and drive system reform.

Strategies:

- Strengthen cultural capability to work with and for First Nations peoples and Culturally and Linguistically Diverse populations.
- Embed our commitment to partnering with people with lived-living experience.
- Support staff wellbeing and psychological safety.

Indicators:

- Staff report improved engagement and wellbeing over time.
- Workforce capability supports the Commission to deliver its strategic objectives.