

## QMHW Community Event Grant Program 2017 - Grant Recipients

#	Organisation	Community	Description	Grant
1	Burdekin Shire Council	AYR	Buredkin Shire Council is hosting a Community Wellness Morning event of alternative and wellness activities and mental health information.	\$ 2,250
2	UMI Arts Ltd	North Cairns	A festival of Aboriginal and Torres Strait Islander arts and culture that supports social and emotional wellbeing	\$ 2,150
3	Connections Inc.	Caboolture	Community Games to promote fun physical activity, inclusion and awareness of the impacts of mental health stigma in our community.	\$ 1,500
4	Clearthinking Queensland Ltd	Brisbane	Virtual reality workshops explore the “reality” of psychosis and effective techniques for communication emphasising kindness, curiosity, empathy and help-giving behaviour.	\$ 2,500
5	Rotary Club Mackay North Inc	North Mackay	A community fair promotes awareness of mental illness and provide access to 70 professional service providers, along with family activities and entertainment.	\$ 2,500
6	Bundaberg Regional Council	Bundaberg	A community lunch to promote services and supports available to the communities of Gin Gin, Childers and Bundaberg.	\$ 1,660
7	Livingstone Shire Council	Yeppoon	Diverse community activities to promote the important role that physical activity, good nutrition, social connectedness, mindfulness and good sleep hygiene has in the management of mental health.	\$ 2,270
8	Bamboo Projects Education Ltd	Dakabin	A community wellbeing event including land-based fishing, community BBQ, jumping castle, face painting, ceramic painting activities, and mini games combined with local referral agencies.	\$ 2,500
9	Wesley Mission Queensland	Brisbane	Over 400 staff and volunteers across ten community, disability and aged care services will be served coffee and mental health awareness over two days, including talks by special guests, group discussions and information resources.	\$ 2,289
10	Chartered Accountants Australia and NZ	Rockhampton	Dealing with financial distress means accountants can encounter signs of distress or mental ill-health. This event links awareness with information on support services to share with teams, colleagues and clients.	\$ 1,775

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11	Chartered Accountants Australia and NZ	Toowoomba	Dealing with financial distress means accountants can encounter signs of distress or mental ill-health. This event links awareness with information on support services to share with teams, colleagues and clients.	\$ 1,775
12	Chartered Accountants Australia and NZ	Townsville	Dealing with financial distress means accountants can encounter signs of distress or mental ill-health. This event links awareness with information on support services to share with teams, colleagues and clients.	\$ 2,027
13	Chartered Accountants Australia and NZ	Mackay	Dealing with financial distress means accountants can encounter signs of distress or mental ill-health. This event links awareness with information on support services to share with teams, colleagues and clients.	\$ 995
14	St Vincent de Paul Society Registered Charity	Gold Coast	An exhibition on the Broadwater of photos captured by people with a lived experience, illustrating 'what positive mental health and wellbeing looks like', to break down barriers, promote wellbeing, inclusion and connection.	\$ 2,500
15	Ipswich State High School	Ipswich	A school-based breakfast and art display including student presentation on wellbeing and healthy lifestyle, based on the Wheel of Wellbeing.	\$ 650
16	Central Queensland, Wide Bay, Sunshine Coast PHN	Gympie	Community movie night to break down stigma, promote discussion of mental health and wellbeing, and provide information packs detailing local service providers, referral pathways and mental wellness strategies.	\$ 2,500
17	Richmond Fellowship Queensland	Brisbane	The 7th Annual Brisbane Mental Health Expo, 'Opening doors', promotes social and emotional wellbeing to the community, encouraging people to maximise their health potential, enhancing the coping capacity of communities, families, individuals and increasing mental health recovery.	\$ 2,488
18	Centacare North Queensland	Cloncurry	An Outdoor Movie and Night Markets bringing the regional service providers and the community together to celebrate, appreciate the networks, and natural supports within this remote community.	\$ 2,500
19	Dysart Community Support Group Inc.	Dysart	Community events in Dysart and Middlemount to launch the local wellbeing framework, modelled on the Wheel of Wellbeing, create awareness of lived experience, and promote local support services.	\$ 1,250
20	Australian Parents Education Association	Brisbane	A morning tea for Chinese parent/s adults on the importance of stress management in the preventing mental illness, debunk myths and highlight 'good parenting' and wellbeing over academic achievement.	\$ 657

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21	Cairns Tafe Community Child Care Centre	Cairns	Presentations to the child care community on identifying and managing stress, providing strategies, information and education on mental health supports in the local community.	\$ 1,000
22	Belmont State School P&C	Brisbane	Belmont State School will host an information session outlining the school's mental health and wellbeing framework, followed by a networking morning tea for families, parents and staff.	\$ 904
23	Open Minds	Brisbane	Open Minds and headspace Taringa will host an interactive booth at the Brisbane Mental Health Expo to engage and drive awareness of services available to LGBTIQ, Aboriginal and Torres Strait Islander people, Culturally and Linguistically Diverse people, and people with mental illness and disability.	\$ 875
24	Cystic Fibrosis Queensland Ltd	Brisbane	An educational event to respond to the needs are primary carers of people with cystic fibrosis, covering depression, anxiety, isolation and stress on family relationships, as well as strategies for good mental health.	\$ 1,600
25	headspace Cairns	Cairns	An art competition for young people and shopping centre display themed on promoting conversations and raising awareness of mental health issues, accompanied by a headspace information stall.	\$ 1,200
26	ComLink Limited	Buddina	A high tea for aged clients including entertainment and presentation by a professional mental health speaker on the common effects aging.	\$ 2,500
27	Mercy Community Services	Brisbane	An interactive "Zen Den" and Family Fun Day to build awareness of anxiety and strategies for relaxation and mindfulness, including information resources.	\$ 2,500
28	Tie Up the Black Dog Inc	Goondiwindi	The "Healthy Minds Wellness Expo focuses on learning, awareness and resilience, in a friendly, relaxed and non-confrontational setting of including local service providers, stalls, demonstrators and speakers.	\$ 2,000
29	Richmond Fellowship Queensland	Maryborough	The "Arts and Minds" exhibition of inspirational artworks by people in recovery from mental health challenges, emphasising the positive role of creativity in recovery, hope and realising a fuller, more meaningful life.	\$ 2,388
30	yourtown	Brisbane	A Community Wellbeing Fun Day and movie screening for Kingston State School students, parents/carers and local community network, focusing on mental health and wellbeing for individuals and community.	\$ 2,500

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31	Soroptimist International Moreton North Inc	Brisbane	Stress Less and Cope Better is a workshop event focused on the mental health and wellbeing of frontline and support staff care workers, offering skills for home, work and family.	\$ 2,500
32	RSL Ravenhoe Sub Branch	Ravenhoe	Sweeten your Life' mental health stall at the annual Ravenhoe community Torimba Parade, bringing dessert, mental health awareness, and wellbeing information together.	\$ 2,000
33	Women's Health Queensland Wide Inc	Brisbane	A morning tea bringing together local health agencies and consumers from across the Tablelands' region to focus on mental health and wellbeing for new parents and pregnant women, partners and their families,	\$ 2,330
34	Ryan Catholic College	Townsville	A week of school-based activities focused on strengthening mental health and wellbeing, and building connections and positive relationships.	\$ 1,700
35	Western Downs Regional Council	Darling Downs	"We Need to Talk" focuses on one woman's story of recovery from a suicide attempt, lived experience perspectives on mental health and techniques to support oneself and others through challenging times.	\$ 2,500
36	Kingston East Neighbourhood Group	Logan Central	KENG's "Bloom" event brings food, fun and the Wheel of Wellbeing (WOW) together community to connect, raise awareness and highlight supports and information.	\$ 2,000
37	Rockhampton High P&C Association	Rockhampton	A school event to build on RUOK Day, "RU4Real... Everyday...Where to Next?" connects local Elders, school community and service providers, promoting school as a safe space to talk, and access support.	\$ 2,500
38	Headspace Ipswich	Ipswich	"Diversify - a Multicultural Showcase for Mental Health Week", presents multicultural performances and delicious cuisine to address barriers to accessing supports, as well as providing an information platform for families.	\$ 2,500
39	Multilink Community Services Inc.	Logan Central	A free barbeque to engage local community in conversations about mental health, raise awareness of suicide, foster inclusion and promote wellbeing, including information booths and resources from local service providers.	\$ 2,500
40	Lawnton State Primary School	Lawnton	A colour run event for the school community connecting students and families with local service providers, providing information and support to build positive mental health.	\$ 2,437

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41	Ferny Grove State School	Brisbane	A week of Mindful Morning Teas with daily presentations to support the mental health and wellbeing of school staff, the broader parent and student community.	\$ 2,000
42	Mental Awareness Foundation	Brisbane	The "Walk for Awareness 2017" promotes awareness about mental health, suicide prevention, and healthy lifestyle choices. Mental health service providers will share and distribute valuable information to participants.	\$ 2,500
43	Coombabah Primary School	Gold Coast	Wellbeing - "Respecting Self, Respecting Others", brings together students, educators, parents/carers and the wider community, for fun and educational activities and information on community mental health supports.	\$ 2,500
44	Grow	Brisbane	To highlight the stigma of mental illness, Grow is hosting an Odd Sock community event including a car wash, information sharing sessions, theatre production and multicultural food stall	\$ 2,500
			<b>TOTAL GRANT AMOUNT (excl GST)</b>	<b>\$ 88,670</b>