

# OPEN DIALOGUE SEMINAR AND WORKSHOP

Markku Sutela

Thursday 20<sup>th</sup> and Friday 21<sup>st</sup> February, 2014

Gibson Room, Level 10, Z Block,  
Gardens Point Campus, QUT, Brisbane



Markku Sutela, MA, is the Chief Psychologist at Keropudas Hospital in Western Lapland, Finland. He has been a part of the Open Dialogue team since 1983. In addition to his training as clinical psychologist he is also an advanced specialist level family therapist and a family therapy trainer. Markku's interest is in the practical, every day meetings with people according to Open Dialogue guidelines.

The Open Dialogue Approach uses the ideas of Mikhail Bakhtin, extending the Need Adapted treatment model of Alanen and colleagues, to structure in-home treatment meetings with the family's social network for first episode psychosis and other psychiatric crises:

Measure	ODA	TAU
Mean hospitalisation days	31	110
GAF at follow up	66	55
Ongoing neuroleptic use	33%	93%
On disability allowance/sick leave	19%	62%

Outcomes from Svedberg, B., Mesterton, A., & Cullberg, J. (2001). *First-episode non-affective psychosis in a total urban population: a 5-year follow-up. Social Psychiatry and Psychiatric Epidemiology*, 36(7), 332-337. doi: 10.1007/s001270170037

*“Truth is not born, nor is it to be found, inside the head of an individual person; it is born between people collectively searching for truth, in the process of their dialogic interaction” (Bakhtin, 1984, p.110)*

*“Every utterance must be regarded as primarily a response to preceding utterances of the given sphere... Each utterance refutes, affirms, supplements, and relies upon the others, presupposes them to be known, and somehow takes them into account... Therefore, each kind of utterance is filled with various kinds of responsive reactions to other utterances of the given sphere of speech communication” (Bakhtin, 1986, p.91)*

**Day One: Introduction and overview** —The Need Adapted Approach and the development of Open Dialogue; the basis of systems, structures & practices of Open Dialogue; experience and evaluation of the approach, as practiced by Markku & team in Keropudas Hospital in Tornio, Finland.

**Day Two: Experiential** — Elaboration of the Open Dialogue Approach in practice, skills training, dialogic processes in action, includes observation of work with a family dialogue and opportunity for joint reflection on the approach, as lived experience.

*First day only:* \$200; ISPS 2014 members and concession - \$160

*Both days:* \$380; ISPS 2014 members and concession - \$300

*Times:* 9:30am – 4:30pm

Join ISPS Australia at [www.isps.org.au](http://www.isps.org.au) to register at Members prices. Other member benefits include subscription to the ISPS journal *Psychosis* and further discounts. The sample issue at [www.tandfonline.com/toc/rpsy20/3/3](http://www.tandfonline.com/toc/rpsy20/3/3) reports on the Open Dialogue outcomes in Finland over 30 years.

Go to [www.isps.org.au](http://www.isps.org.au) to register, or contact Melissa Connell on 0412 296 221 for further information.

**PLEASE NOTE:** It is possible to attend Day One only, but it is only possible to register for the Day Two Experiential workshop with the Introductory seminar on Day One.