



# Mental health and drug strategic plan

Senior Mental Health Leader's Forum

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Commissioner  
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# Key elements

- Vision
- Principles
- Outcomes
- Pillars for system reform
- Commitments to Action



# Our emerging vision

- *A healthy and inclusive community where people living with mental illness or problems with substance use have a life with purpose and access to quality care and support focused on wellness and recovery in an understanding, empathic and compassionate society.'*



# Our emerging principles

- Person centred
- Diversity and respect
- Rights and dignity
- Quality of life
- Responsiveness
- Collaboration and integration
- Fair and accessible

# Our emerging outcomes

1. A population with good mental health and wellbeing
2. People with poor mental health and wellbeing having better physical health and living longer
3. People with poor mental health or experiencing problematic substance use having a life with purpose
4. People with poor mental health or experiencing problematic substance use having a positive experience of their support, care and treatment
5. Reduced avoidable harm associated with mental health problems or problematic substance use
6. Reduced stigma and discrimination



## Better pillars

- Better services
- Better awareness prevention and early intervention
- Better collaboration and engagement
- Better transparency and accountability

# Draft commitment to action (1)

- **Develop a Consumer Carer and Family Engagement and Leadership Framework**
  - Embed consumer, carer and family participation in decision making at both an individual and system level across policy, planning, service delivery and review (Co-design)
  - Ensure consumer, carer and family members are informed, equipped, educated and empowered to advocate for themselves and others, particularly in relation to their rights and systemic reform

## Draft commitment to action (2)

- **Develop a Mental Health, Drug and Alcohol Operational Services Plan that will govern service planning and delivery of MH&AOD system**
  - Plan and allocate resources based on need
  - Workforce configuration and capabilities
  - Primary care and other health providers
  - Shift to more community based services
  - State-wide and specialist services
  - Targeted responses for vulnerable populations
  - Structures and processes to monitor standards and align with agreed principles



## Draft commitment to action (3)

- **Reduce barriers to the integration of mental health and drug and alcohol structures and services with general health services** unless it is contrary to the best interests of consumers, their families and carers, eg
  - Policies that exclude people with drug and alcohol problems
  - Primary care and mental health and wellbeing
  - Separate data and information systems
  - Separate funding processes for community based organisations



## Draft commitment to action (4)

- **Develop Cross Sectoral Action Plans in priority areas**
  - Suicide prevention
  - Mental health and wellbeing of Aboriginal and Torres Strait Island peoples
  - Drug and Alcohol
  - Mental health and work
  - Forensic mental health
  - Individual advocacy and supported decision making
  - And so on

## Draft commitment to action (5)

- **Include people living with mental illness or problematic substance use as a vulnerable group in agency planning**
  - Health, Housing, Education, employment and training, Justice, including police and corrections, Aboriginal and Torres Strait Islander and multicultural affairs, Community safety (including ambulance and emergency), Children and young people (including child protection and child safety), Local government and communities.

## Draft commitment to action (6)

- **Improve community awareness, and the prevention and early intervention of mental illness or problematic substance use**
  - Targeting awareness, prevention and early intervention for known priority issues and groups
  - Developing strategic actions and alliances in areas of work and mental health
  - Promoting better awareness and protection of human rights of people living with mental illness or problematic substance use, including those in the forensic system.

## Draft commitment to action (7)

- **Support actions that position the non-government sector as a valued partner and provider of innovative and practical services and solutions**
  - Systems and processes to build sustainable partnerships between NGO sector and relevant agencies
  - Engage NGO to co-design services
  - Focus on building evidence base
  - Support workforce development.

## Draft commitment to action (8)

- **Establish a set of indicators that measure progress towards agreed population outcomes**
  - Monitoring and evaluation framework outlining targets, indicators, means of verification and reporting.
  - Scope and agree existing or new data sets – using existing where possible to reduce duplication of effort.



# Commitments and better pillars

	B1	B2	B3	B4
C1	√	√	√	√
C2	√	√	√	√
C3	√	√	√	√
C4	√	√	√	√
C5	√		√	√
C6		√	√	
C7	√	√	√	
C8	√	√	√	√



# Keeping in touch:

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# Thank you