Improving mental health and wellbeing

Queensland Mental Health, Drug and Alcohol Strategic Plan 2014–2019



Our shared vision for Queensland

A healthy and inclusive community, where people experiencing mental health difficulties or issues related to substance use have a life with purpose and access to quality care and support focused on wellness and recovery, in an understanding, empathic and compassionate society.

Principles

Seven principles will guide our work to reform the mental health, drug and alcohol system and improve outcomes for Queenslanders.

- 1. Person centred
- 2. Shared responsibility
- 3. Rights and dignity
- 4. Quality of life

- 5. Responsive and effective
- 6. Diversity and respect
- 7. Fair, accessible and equitable.

Outcomes

The plan aims to improve the mental health and wellbeing of Queenslanders by working towards six long-term outcomes.

Informed by the *National Targets and Indicators for Mental Health Reform* developed by the Council of Australian Governments' Expert Reference Group in 2013 and the *National Drug Strategy 2010–15*, the six outcomes are:

- 1. A population with good mental health and wellbeing
- 2. Reduced stigma and discrimination
- 3. Reduced avoidable harm
- People living with mental health difficulties or issues related to substance use have lives with purpose
- People living with mental illness and substance use disorders have better physical and oral health and live longer
- 6. People living with mental illness and substance use disorders have positive experiences of their support, care and treatment.

Assessing whether these outcomes have been achieved will involve identifying clear and measurable indicators, and will lead to greater transparency and accountability.



