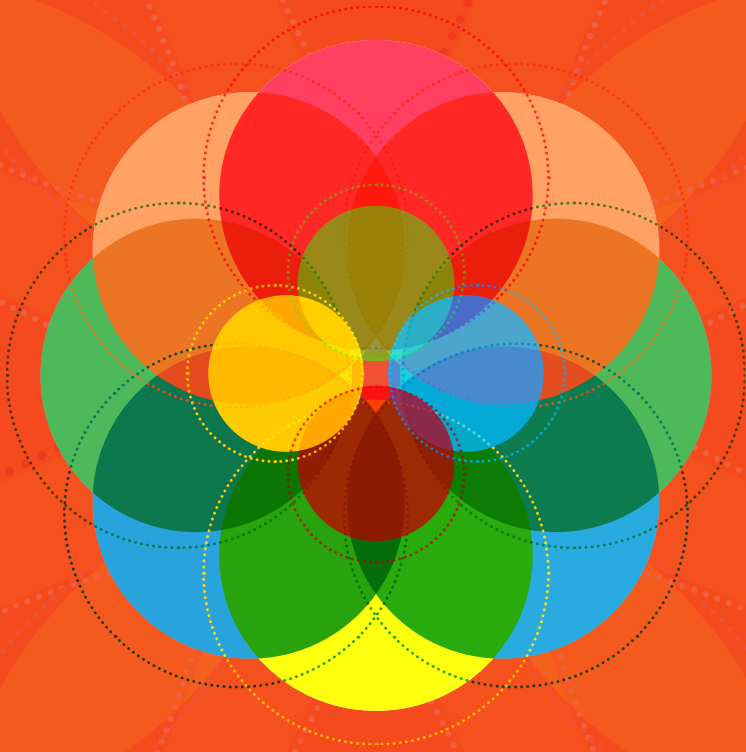




Improving mental health and wellbeing

Queensland Mental Health, Drug and Alcohol
Strategic Plan 2014–2019



Our shared vision for Queensland

*A healthy and inclusive community,
where people experiencing mental health difficulties
or issues related to substance use have a life with purpose
and access to quality care and support focused on
wellness and recovery, in an understanding,
empathic and compassionate society.*

Principles

Seven principles will guide our work to reform the mental health, drug and alcohol system and improve outcomes for Queenslanders.

1. Person centred
2. Shared responsibility
3. Rights and dignity
4. Quality of life
5. Responsive and effective
6. Diversity and respect
7. Fair, accessible and equitable.

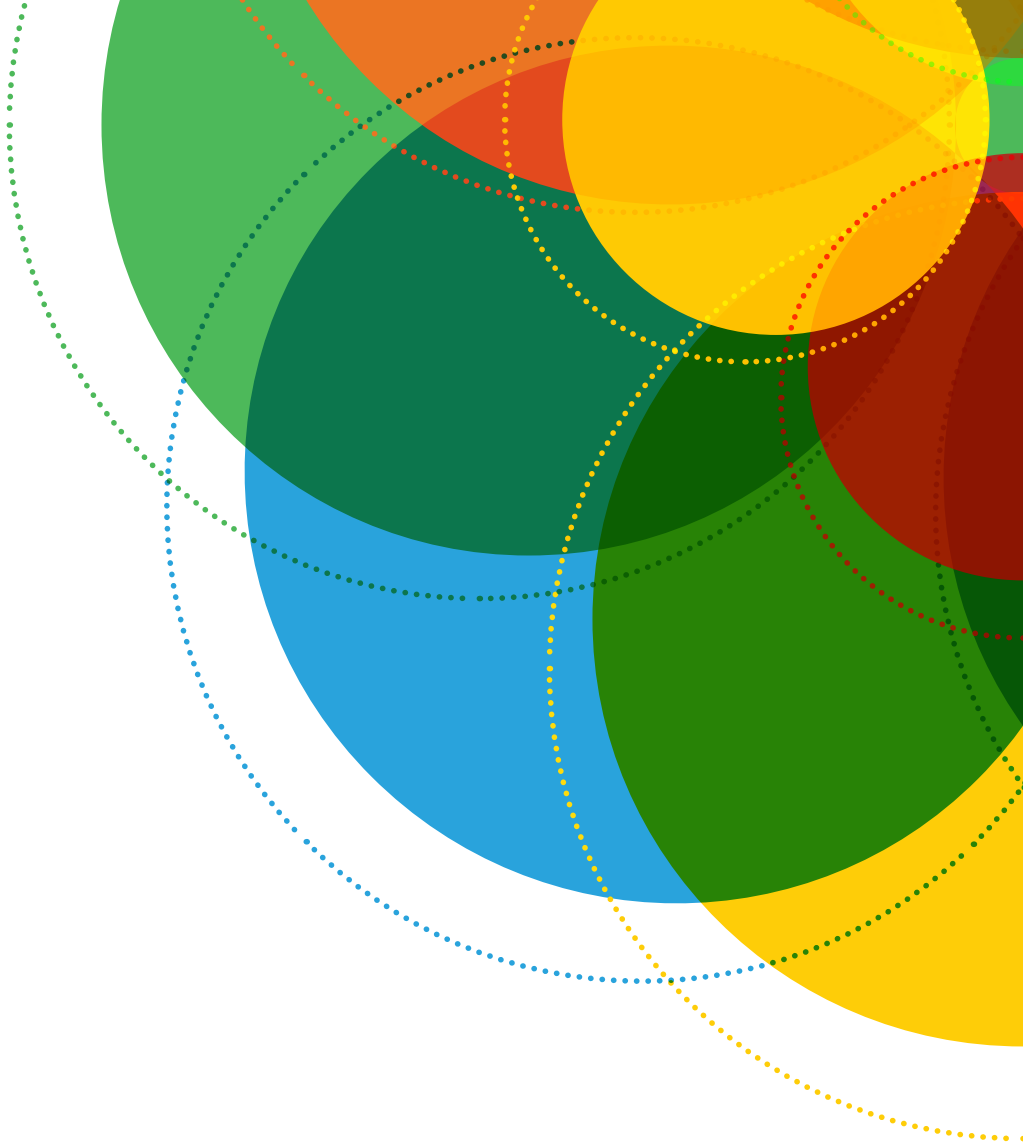
Outcomes

The plan aims to improve the mental health and wellbeing of Queenslanders by working towards six long-term outcomes.

Informed by the *National Targets and Indicators for Mental Health Reform* developed by the Council of Australian Governments' Expert Reference Group in 2013 and the *National Drug Strategy 2010–15*, the six outcomes are:

1. A population with good mental health and wellbeing
2. Reduced stigma and discrimination
3. Reduced avoidable harm
4. People living with mental health difficulties or issues related to substance use have lives with purpose
5. People living with mental illness and substance use disorders have better physical and oral health and live longer
6. People living with mental illness and substance use disorders have positive experiences of their support, care and treatment.

Assessing whether these outcomes have been achieved will involve identifying clear and measurable indicators, and will lead to greater transparency and accountability.



Queensland
Government

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Pillars for reform

Better services

for those who need them, when and where they are required

Better awareness, prevention and early intervention initiatives

to maintain wellbeing, prevent onset and minimise the severity and duration of problems

Better engagement and collaboration

to improve responsiveness to individual and community needs

Better transparency and accountability

so the system works as intended and in the most effective and efficient way possible

Review and reporting

The Plan will be reviewed within five years to determine if it is contributing to sustainable reforms and better outcomes. The Queensland Mental Health Commission will publish an annual report outlining progress being made and identifying future areas for action.

Shared commitment 1

Engagement and leadership priorities for individuals, families and carers

to facilitate the active engagement and contribution of individuals, families and carers across all levels of policy, legislation, planning and program design, service delivery and evaluation.

Shared commitment 2

Improve awareness, prevention and early intervention

to reduce the incidence, severity and impact of mental health difficulties and substance use problems.

Shared commitment 3

Priority area actions

to address those issues most likely to result in better outcomes and for groups who are most vulnerable:

Stage one priorities

- the wellbeing of people living in rural and remote communities
- social and emotional wellbeing of Aboriginal and Torres Strait Islander peoples
- suicide prevention
- prevent and reduce the adverse impact of alcohol and drugs on the health and wellbeing of Queenslanders.

Stage two priorities

- mental health and criminal justice
- individual advocacy and rights protection within the mental health, drug and alcohol system
- mental health for people with disability and other vulnerable groups.

Shared commitment 4

A responsive and sustainable community sector

that provides effective and efficient services to help people live well and participate in their communities.

Shared commitment 5

Integrated and effective government responses

to strengthen the capacity of the State Government as a service provider and employer, to meet complex and inter-related health and social needs.

Shared commitment 6

More integrated health service delivery

between general health and specialist mental health, drug and alcohol services.

Shared commitment 7

Mental Health, Drug and Alcohol Services Plan

to govern service planning and delivery of the state funded mental health, drug and alcohol system in Queensland.

Shared commitment 8

Establish indicators to measure progress towards improving mental health and wellbeing

to ensure the plan is making a positive and long-term difference towards achieving its vision and outcomes.

Shared commitments to action

www.qmhc.qld.gov.au