

OPERATIONAL PLAN 2015–2016



OUR PURPOSE

Drive ongoing reform towards a more integrated, evidence-based, recovery oriented mental health, drug and alcohol system within Queensland.

OUR VISION

A healthy and inclusive community where people experiencing mental health difficulties or issues related to substance use have a life with purpose and access to quality care and support focused on wellness and recovery, in an understanding empathic and compassionate society.

RESOURCES

Budget of \$8.265 million

STAFFING

15 FTE

SERVICE DELIVERY PERFORMANCE: In 2015–2016 the Commission will undertake activities in its Service Delivery Statement

Prepare the first report of the implementation of the *Queensland Mental Health, Drug and Alcohol Strategic Plan 2014–2019*

Finalise agreed cross government action plans and commence work on action plans focused on mental health and the criminal justice system, human rights and disability

Continue to advocate for the rights of consumers, families and carers in mental health legislation and in its implementation

Promote the implementation of the options for reform and recommendations of reports prepared in 2014–2015

Consolidate the Stronger Community Mental Health and Wellbeing grants program

Increase the use of a variety of communication strategies to support better engagement of the Commission and the Advisory Council with the community

Contribute to the independent review of the performance of the Commission and the *Queensland Mental Health Commission Act 2013*

OUR PRINCIPLES¹

People with a mental illness or who misuse substances should have access to quality mental health and substance misuse services which espouse their rights to respect, dignity and privacy.

Aboriginal and Torres Strait Islander people should be provided with treatment, care and support in a way that recognises and is consistent with Aboriginal tradition or Island custom and culture.

Carers, family members and support persons for people with a mental illness or who misuse substances are integral to wellbeing, treatment and recovery; and should be respected, valued engaged and supported.

An effective mental health and substance misuse system is the shared responsibility of the government and non-government sectors and requires a coordinated and integrated approach.

VALUES

The public service values 'Customers First, Ideas for Action, Unleash Potential, Be Courageous, Empower People and Promote Wellness' are fundamental to all that we undertake.

KEY RESULT AREAS (KRA)²

WHOLE OF GOVERNMENT STRATEGIC PLANNING

The Commission is required to develop a whole-of-government strategic plan in consultation with consumers, families, carers, government and non-government stakeholders. The Commission's role is to facilitate and report on *Queensland Mental Health, Drug and Alcohol Strategic Plan 2014–2019* (Strategic Plan) implementation.

Key deliverables for 2015/16 include:

- Monitoring and reporting on the Strategic Plan
- Publishing and supporting Alcohol and other Drugs Action
- Facilitating and supporting actions to improve wellbeing of:
 - Aboriginal and Torres Strait Islander peoples
 - rural and remote communities
 - people with disabilities
 - people in the criminal justice system
- Supporting improvements in individual advocacy and rights protection
- Supporting more integrated and effective government responses
- Jointly leading a project to support more integrated health service delivery with DoH.
- Supporting DoH to develop a new Mental Health, Drug and Alcohol Services Plan
- Providing grants support to promote mental health and wellbeing and Strategic Plan outcomes

REVIEW, RESEARCH AND REPORT

Review, research and report are functions of the Commission that will enable it undertake work to inform decision making or provide recommendations on review of existing activity value and/or in determining new initiatives.

Key deliverables for 2015/16 include:

- Supporting the development of contemporary mental health legislation in Queensland
- Supporting least restrictive practices in mental health wards
- Monitoring and reporting on implementation of social housing ordinary report recommendations
- Scoping our capacity to influence mental health and AoD funding in the health system
- Supporting relevant research into issues to improve mental health and wellbeing

AWARENESS AND PROMOTION

The Commission has a key role in facilitating and promoting awareness, prevention and early intervention by supporting government and non-government stakeholders in undertaking effective action. Actions are linked to the Strategic Plan's Shared Commitments to Action.

Key deliverables for 2015/16 include:

- Facilitating and promoting whole-of-government actions to improve mental health awareness, prevention and early intervention, including developing and supporting:
 - a pilot for peer support in perinatal and infant mental health
 - measures to improve mental health early intervention in schools
 - population level awareness through NGO collaborative arrangements
 - a coordinated approach to mental health awareness training
 - a localised wellbeing hub in three local government areas
 - a coordinated approach to stigma reduction
 - Aboriginal and Torres Strait Islander local empowerment through NEP
- Facilitate and promote whole-of-government actions to reduce suicide and its impact, including supporting and where appropriate developing:
 - a community strengths based approach to suicide prevention
 - training for Emergency Departments in suicide risk management
 - a 'change the conversation' project
 - Aboriginal and Torres Strait Islander Pilot a place-based approach
 - A data and information sharing framework to support suicide prevention

SYSTEMIC GOVERNANCE

As a coordinating body, the Commission is responsible for establishing statewide governance mechanisms to support a whole-of-government whole-of-sector approach as well as *Queensland Mental Health Commission Act 2013* compliance

Key deliverables for 2015/16 include:

- Providing support to the Queensland Mental Health and Drug Advisory Council
- Supporting and facilitating consumer, family and carer engagement and leadership
- Establishing and maintaining partnerships with major stakeholders
- Supporting participation and knowledge sharing

CORPORATE GOVERNANCE (key focus)

Corporate governance compliance as a Statutory Body

Communications planning and implementation

Organisational effectiveness monitoring and reporting model

¹ *Queensland Mental Health Commission Act 2013* (s5)

² *Queensland Mental Health Commission Act 2013* (S11)

