Queensland **Mental Health** Commission

We will be successful when our work has contributed to our shared vision...

**Our vision** 

A healthy and inclusive community... where people experiencing mental health difficulties or issues related to substance use... have a life with purpose... and access to **quality care** and **support**... focused on wellness and recovery ... in an understanding, empathic and compassionate society

What we do

 Whole-of-government strategic plan for mental health and drug and alcohol system

- Review, research and report
- **Promote** awareness and early intervention
  - Support systemic governance

## Our progress to date

## **QMHC Stakeholder satisfaction**

## **Target 75%** satisfaction within **5 years**

Results	2014	2015
Opportunity to contribute	46%	51%
Perspectives represented	<b>59%</b>	<b>59</b> %
Range of stakeholders	38%	41%

## Strategic Plan impact 2015 93% think more than 3 years is required to make a difference

Already perceived benefit to	May change in future	Very likely /Already changed
Mental health consumers, families and carers	44%	20%
AOD service users, families and supporters	45%	17%
Collaboration between sectors	42%	22%
Government decision-making	44%	16%

# Tracking our progress

**Our role** 

To drive ongoing reform

towards a more integrated,

evidence-based, recovery-oriented

mental health, drug and alcohol

**system** in Queensland by:

 Consensus and progress towards achieving system wide reforms

• Maximising collective impact

of lived experience and professional expertise

## **Measures**

#### Stakeholder satisfaction with:

 Opportunity to contribute perspectives on mental health and substance misuse issues

 Extent perspectives are represented by the Commission to improve the system

 Range of stakeholders involved in developing and implementing solutions

**Perceived benefit** of the *Queensland Mental Health*, Drug and Alcohol Strategic Plan 2014–2019 to:

- Consumers, service users, families and supporters
  - Collaboration between sectors
  - Government decision-making

# **Indirect influence**

#### Which leads to indirect influence over:

 A population with good mental health and wellbeing

- Reduced stigma and discrimination
  - Reduced avoidable harm
    - Lives with purpose
- Better physical and oral health
- Positive experiences of support, care and treatment

## Direct control

We have **direct control** over allocation of our resources, who we work with and the advice we give.

## **Influence requires** credibility

Results	2014	2015
QMHC is credible	68%	72%
Advisory Council gives effective advice	37%	48%

# **Direct influence**

#### This gives us direct influence over:

- Better services
- Better awareness, prevention and early intervention initiatives
  - Better engagement and collaboration
  - Better transparency and accountability



