

## You spoke up

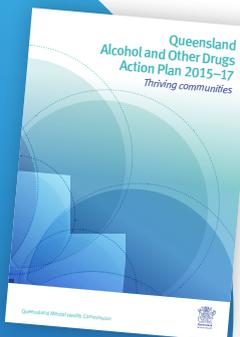
In August and September 2015 **clients** of this service, **family** members and **friends** shared their thoughts and experiences on how to prevent and reduce harms from alcohol and other drugs.

## And we heard you

Your voices made a powerful contribution to shaping the new *Queensland Alcohol and Other Drugs Action Plan 2015–17*.

Download the  
*Queensland Alcohol  
and Other Drugs  
Action Plan 2015–17*

[www.qmhc.qld.gov.au](http://www.qmhc.qld.gov.au)



## Get it, read it

Read all the things you said  
in the consultation report.

Read all 54 actions  
in the Action Plan.

Get both papers at  
[www.qmhc.qld.gov.au](http://www.qmhc.qld.gov.au)



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# You made a difference

Clients,  
friends and  
families of  
Alcohol and  
Other Drugs  
Services



The Queensland Network of Alcohol and Other Drug Agencies and the Queensland Mental Health Commission asked clients of alcohol and other drug services around the State, their families and friends for input into the *Queensland Alcohol and Other Drugs Action Plan 2015–17*.

## You said

### Stigma and discrimination is a barrier

You said stigma and discrimination makes it harder to approach services, to recover and reconnect with your community.

*“Not feeling stigmatised or blamed for my problem by anyone!”*

### More education and support

You said you and your family need practical information, alcohol and other drug education, and more support.

### Better access to treatment

You said better access to detoxification and residential rehabilitation services is needed.

*“Referrals to specialist support.”*

### Help find the right services

You need more information on available services and what to expect from those services.

*“Simply being informed on what services are available and how to get them.”*

### Better service coordination

You said better connections between services like child protection, education, training and employment services is helpful.

*“A service with a range of programs from assessment to aftercare so that I am not bounced around.”*

## Service providers said

- Increase focus on awareness, early intervention and prevention activities
- Provide more balanced investment to harm reduction and demand reduction
- Focus on vulnerable groups (such as Aboriginal and Torres Strait Islander peoples and communities) by tailoring approaches to meet their unique needs
- Improve service integration and collaboration.

## The Action Plan says

The Queensland Government has committed to 54 actions in the Action Plan that aim to prevent and reduce the adverse impact of alcohol and other drugs on the health and wellbeing of Queenslanders. They include:

### New prevention programs

- An Alcohol and Other Drugs Education Program for young people in Years 7 to 12

### More treatment services

- Additional specialist drug and alcohol intervention teams in Logan, Townsville and Rockhampton hospital emergency departments
- Extra frontline treatment responses in Cooktown, Weipa, Logan, Gold Coast and Rockhampton

### Specialised services

- Increase access to alcohol and other drug treatment and support services for young Aboriginal and Torres Strait Islander people

### Getting a handle on stigma

- Research to pinpoint effective ways to reduce stigma and discrimination and promote social inclusion.

