

You can **HELP PREVENT SUICIDE**

*Learn about suicide prevention,
join our WSPD events.*

*If you get
the feeling something
is not right with someone:*

**Act! Ask: "I'm a bit worried
about you... Can we talk?"**

Listen without judgement

Give support and understanding

Keep them safe

Get professional help*

**Source: Conversations Matter*

Lifeline 13 11 14 • Suicide Call Back Service 1300 659 467 • MensLine 1300 78 99 78

**WORLD
SUICIDE
PREVENTION
DAY**

www.wspd.org.au

Join your local event

Date _____ Time _____

Location _____

More events listed at rosesintheocean.com.au

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